

HEALING OUR WOUNDS FORGIVENESS IN THE SPIRITUAL LIFE

August 25-29, 2025

Monday, August 25

- 4:00 p.m. Introduction to the Retreat; Self-Introductions
- 5:30 p.m. Vespers
- 6:00 Dinner [with reading]
- 6:45 Introduction to the Retreat; Self-Introductions (con't)
- 7:30 Compline

Tuesday, August 26

- [6:00 a.m. Vigils]
- 7:30 Lauds
- 8:00 Breakfast [in silence]
- 9:30- 11 Obstacles to Forgiveness/Jesus on Forgiveness
- 12 noon Conventual Mass
- 12:45 p.m. Lunch with conversation
- 3:00-4:30 Forgiving Those Who Hurt or Betray? Forgiveness is a Process
- 5:30 Vespers
- 6:00 Dinner [with reading]
- 6:45 The Forgiveness of God—Reflections of Fr. Thomas Hopko
- 7:30 Compline

Wednesday, August 27

- [6:00 a.m. Vigils]
- 7:30 Lauds
- 8:00 Breakfast [in silence]
- 9:00-11 Movie: ***Babette's Feast***
- 12 noon Conventual Mass
- 12:45 p.m. Lunch with conversation
- 3:00-4:30 Group Discussion of *Babette's Feast*
- 5:30 Vespers
- 6:00 Dinner [with reading]

6:45 Gathering to share reflections
7:30 Compline

Thursday, August 28

[6:00 a.m. Vigils]
7:30 Lauds
8:00 Breakfast [in silence]
9:30-11 Forgiving God! Forgiving Ourselves
12 noon Conventual Mass
12:45 p.m. Lunch with conversation
3:00-4:30 Etty Hillesum & Her Refusal to Hate
5:30 Vespers
6:00 Dinner [with reading]
6:45 Forgiveness and Reconciliation *further reflections*
7:30 Compline

Friday, August 29

[6:00 a.m. Vigils]
7:30 Lauds
8:00 Breakfast [in silence]
After breakfast, please vacate your rooms for housekeeping by 10 a.m.
10:00-11:00 Closing Conference
12 noon Conventual Mass
12:45 p.m. Lunch with conversation